



Hypoglycemia

a.k.a. LOW BLOOD SUGAR

CAUSES:

Too much insulin, exercise, lots of activity, not enough food or missing a snack.

ONSET:

Low blood sugar (under 70) can happen suddenly and should be treated as an emergency. If juice or glucose is not given immediately, a person may pass out or have a seizure.

SYMPTOMS:

Fatigue, Hunger

Irritable

Odd Behavior

Extreme Tiredness

Fast Heartbeat

Dizziness

Mood Changes

Weakness

Difficulty moving, slow to respond

Anxiousness

Paleness, Sweating

Trembling

Blurred Vision

Headaches

Inability to Concentrate

For more information please visit t1dmodsquad.org