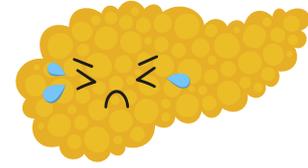


HYPERGLYCEMIA

How to Spot & Treat High Blood Sugar



The carbohydrates in the food we eat are digested into glucose.

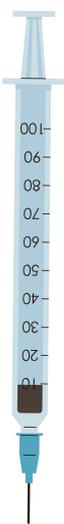


Insulin, a hormone produced by the pancreas, converts glucose in the blood into energy.



Hyperglycemia happens when

the body has too little insulin to properly remove the glucose from the blood and use it for energy.

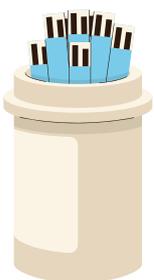


Symptoms include

- nausea
- fatigue
- thirst
- blurry vision
- headache
- trouble concentrating

AND CAN LEAD TO
DIABETIC KETOACIDOSIS

Things other than food can also contribute to hyperglycemia like illness, stress, hormones, or excitement.



Treatment plans often consist of

- administering insulin as prescribed by a healthcare professional
- continuing to monitor blood sugar
- checking for ketones in blood and/or urine